

Driving Acronyms

D – **doors** – check they are closed and secure

S – **seat** – adjusted, left foot on clutch, not stretched or cramped – include head restraint

S – **steering** – able to move hands around wheel

S – **seat belt** – flat across chest and stomach

M – **mirrors** – adjusted to show out the rear and down the sides of car

P – **preparation** – check handbrake, in neutral, start engine, find bite, keep feet still, prepare handbrake but do not release

O – **observation** – check centre mirror then do a 360 degree view, signal if necessary

M – **manoeuvre** – release handbrake, keep feet still, move off, cancel signal

M – **mirror** – check mirrors before any change of speed, change of direction, approaching hazards, whilst driving

S – **signal** – correct, where necessary, properly timed

M – **manoeuvre** – whether turning, moving, overtaking or passing

M – **mirror** – check mirrors before change of speed, change of direction, approaching hazards, whilst driving

S – **signal** – correct, where necessary, properly timed

P – **position** – depending on the type of manoeuvre to be carried out

S – **speed** – adjusted for the manoeuvre to be carried out

L – **look** – checking mirrors, roads depending on manoeuvre

L – **look** – look into the road you're entering, at the traffic approaching

A – **assess** – whether it is safe to proceed

D – **decide** – whether you can emerge safely

A – **act** – act upon the above information

O – **observation** – take in all ahead of you - near, middle and far distance

W – **without**

L – **limits**

S – **swerve** – do not cause other drivers to swerve to avoid you

S – **slow** – do not cause other drivers to slow down to avoid you

S – **stop** – do not cause other drivers to stop to avoid you

P – **petrol** – checked daily - enough in the car to start your journey and reach service station

O – **oil** – checked weekly – use dipstick – cold engine, level ground, min/max level

W – **water** – checked weekly - include coolant and windscreen wash

E – **electrics** – checked daily – check dash board warning signs and exterior lights

R – **rubber** – checked weekly – tyre tread depth should be at least 1.6mm across breadth and around circumference, no bulges or cuts in tyre wall